



# COSMO TIMES

## ROTARY CLUB OF GURGAON COSMOPOLITAN

RI DIST 3011 Club ID C000069836

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### PRESIDENT'S MESSAGE



#### ROTARY FOUNDATION MONTH

Dear Rotarians,

November is Rotary Foundation Month, a time to celebrate the incredible work made possible through The Rotary Foundation (TRF). From eradicating polio to funding global grants, TRF fuels Rotary's service projects worldwide.

I encourage each member to contribute to TRF, no matter how big or small, so that we can continue our humanitarian efforts. Remember, every donation strengthens our ability to serve and create lasting impact!

In unity and service,

Rtn Naveen Chowdhry  
President  
Rotary Club of Gurgaon Cosmopolitan

#### THE 4-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned ?

Let us all keep the above tests in mind before we say, think or do anything

## RI President's Message



**Rtn. Stephanie Urchick**  
President 2024-25, Rotary International

The Magic of Rotary is belonging, and it's a feeling that can appear when you least expect it. Earlier this year, I was in Slovakia serving as a president's representative during a six-week trip through Europe. When I wrote to Katarina Cechova, governor of District 2240 at the time, I mentioned that my grandmother Veronica Zilka grew up in a small village in the area before settling in the U.S. It wasn't long before Cechova tracked down my grandmother's village, Jakubova Vol'a. She even organized a visit for me, where I received an unforgettable Slovakian welcome. When I entered the community center of Jakubova Vol'a, a small crowd of people dressed in traditional Slovakian clothing greeted me. They sang with beautiful and powerful Central European voices that reminded me of my grandmother.

A lot of families play cards or games when they get together. When I was young, my father would pick up his accordion and lead my family in song. My grandmother would sing along with her impressive voice. When I walked into the community center and heard traditional music from my childhood — when I saw a woman play the accordion the way my dad played — I suddenly felt like a little girl sitting at my grandmother's house in Monessen, Pennsylvania. I burst into tears of joy at the memories. But the magic didn't stop there. District Governor Cechova really outdid herself. A local genealogist worked with a videographer to make a short film about my grandmother. We watched the video together in the community center. When the video ended, I turned around and saw a man standing in the back of the room. I quickly learned that this stranger, Frantisek Zilka, was my second cousin. His grandmother and mine had been sisters. I felt like I had been struck by lightning.

I visited my newfound cousin's home, which happens to be the home where my grandmother was born. There, he shared old photographs I had never seen of my dad, my uncle, and my grandmother. Since then, I can't stop thinking about my family of Rotary. When I refer to you as my family, I'm not just being kind. I really think of everyone in Rotary as my family. But I never would have imagined that my Rotary family would introduce me to long-lost personal family. Sitting in that community center listening to traditional Slovakian music from my childhood filled me with joy and a profound sense of belonging. I am so grateful to District Governor Cechova and everyone who helped create that magical experience. As members of Rotary, we have a unique opportunity to share the same magic with each other and with the world. I encourage you to consider how you can help spread that magic and ensure other members of your club — other members of our Rotary family — feel like they truly belong.

Resource: <https://my.rotary.org/en/news-media/office-president/presidential-message>

# From The District Governor's Desk



**Rtn. Dr. Mahesh Trikha**

**District Governor 2024-25, Rotary International**

Dear Magical Presidents and District Team,

It has been a truly magical quarter so far and I am overwhelmed when I look back at what we have achieved, the records we set in motion and the incredible energy and willingness with which we have taken on challenges in the first 100 days of RI Year 2024-25. All the projects and commitments so far puts us in a position that aligns with our ambition to situate RI District 3011 at the heart of cutting-edge developments within the region and develop our ambition to become a leading international organisation in the eyes of the people at large.

In our endeavour to help and support the underprivileged segments of society we have signed an MOU with several organisations over the past three months and September was equally fulfilling in terms of our partnerships and knowledge exchange strategy. We will drive collaborative working with all our partners and develop our Centres for literacy, work in waste water management, upkeep of EV, for vaccinating girl children, utilising the PHD Chambers of Commerce for Club and District events, establishing kitchens in underprivileged schools to incentivise children, to ensure a world without child blindness etc and other approaches to enhance the mammoth projects we undertake and to support our strategies. While these are evidence of the mammoth tasks we have undertaken in 100 Days there is more coming for the next 100 so watch this space carefully.

In addition, the projects that each one of the clubs has undertaken to embed innovation that advances our adoption and fulfilment of more projects, maximizing the impact of the initiatives taken by us and our status as one of the best Districts in the country, is truly commendable. We have covered the work done over the past 100 days in this edition of the GML and that in itself will give you an idea of what you have achieved. The photograph on the cover would have definitely caught your attention. I must let you know that we were privileged and honoured to have an audience with the Hon'ble Speaker of the Lok Sabha Shri Om Birla and we invited him to be the Chief Guest at a Half Marathon that we are planning to hold to raise awareness for cervical cancer. It was wonderful experience to meet a man of such immensely high stature who is so grounded and humble.

I must also make a mention of the wonderful seminars we have undertaken in a month which is meant for Peace Building and Conflict Prevention. The ICCR cultural event was a fantastic treat for everyone. This was followed by the Peace Seminar with some excellent Speakers, a very informative seminar on Clubfoot Disability and Elimination and, of course, 'Navachar' -The Adult Literacy Seminar at which the Chief Guest was PRID Rtn Kamal Sanghvi was evidence of the tremendous amount of hard work we put in to retain our brand identity and to ensure that our good work is recognised by the future leaders of the country.

Rtn Dr. Mahesh P. Trikha  
District Governor RI District 3011

Resource: GML, Issue September 2024



# Some Events of November 2024

## *DILA – District Interact Leadership Assembly; 5th November 2024*



DILA - District Interact Leadership Assembly, held on the occasion of World Interact Day was held on 5th November 2024 at Maitrey College, Chanakyapuri, New Delhi. Our Interact Clubs of RPS International, Shallom Hills and DAV Public School actively participated in this prestigious event. DILA event was attended by Rtn Abhishek Aneja , Rtn Sarvesh Dutt and Rtn Sanjeev Budhiraja from our Club.

## *Rotary Family Fellowship, 9th November 2024*



Rotary Fellowship hosted by Rtn. Jeevit Vashishtha and Rtn. Pragati Vashishtha, Rtn. Jeevit Vashishtha and Rtn. Pragati Vashishtha hosted the Fellowship on the occasion of their New Home. Sai Kirtan was held at Club 85, SS The Leaf, Gurgaon on 9th November 2024. It was attended by 20+ RCGC members. It was excellent function. We congratulate the wonderful hospitality and very nice lunch provided by them.



## *Thanksgiving of Rtr Gunjit Setia & his team 2023-24 and Installation Ceremony of Rtr Vidhi Kohli & her team 2024-25*



NIRMAAN 5.0 - Thanksgiving of Rtr Gunjit Setia & his team 2023-24 and Installation Ceremony of Rtr Vidhi Kohli & her team 2024-25, Rotaract Club of Young Souvenirs sponsored by Rotary Club of Gurgaon Cosmopolitan was held on 10th November 2024 at Sarvodaya Hospital Auditorium, Faridabad. Rtr Vidhi Kohli installed as President for RY 2024-25. It was attended by Secretary Rtn. Shalini Chowdhry and PP Rtn. Vivek Duggal.

## *Free Mega Health Camps; 10th November 2024*



Free Mega Health Camps in association with Viaan Eye & Retina Centre and Artemis Hospital was held on 10th November 2024 at Mahindra Luminare, Sector 59, Gurgaon. 80 people benefitted from this camp. It was attended by Secretary Rtn. Shalini Chowdhry, Rtn. Jeevit Vashishtha, Rtn. Pragati Vashishtha, Rtn. Nitin Rustogi, Rtn. Shilpi Rustogi, Rtn. Dr. Ajay M. Kamath, Rtn. Dr. Savita A. Kamath from our Club. We are very thankful to health professional teams who carried out the Health Camp.

## *Book donation by Rotaract Club of Young Souvenirs*



Our Rotaract Club of Young Souvenirs sponsored by Rotary Club of Gurgaon Cosmopolitan donated book in association with NGO Raahi on 22nd November 2024.

## *Online session with the District Interact Team; 26th November 2024*

Interact | Rotary District 3011 | THE MAGIC OF ROTARY

**THE DISTRICT INTERACT TEAM**  
Invites you to Join us for an  
**Online Session**  
Topic  
**The Balancing Act  
Work & Professional  
Life**

**Tuesday, 26<sup>th</sup> Nov. 2024**  
7.00 - 8.00 pm IST

Scan to Join

Zoom Meeting ID : 981 003 6509  
Passcode : RID3011

Speaker :  
**Namita Malhotra**  
Life Agility Coach  
Founder Mindful Mentoring  
Dubai, UAE

President Rtn. Naveen Chowdhry attended an online interactive session with the District Interact Team. Speaker was Rtn. Namita Malhotra and she spoke on the topic of 'The Balancing Act Work & Professional Life'. It was very beneficial talk.



## *District Breast Cancer Awareness & Prevention Seminar*



District Breast Cancer Awareness & Prevention Seminar was held on 30th November 2024 at Rotary Public School Gurgaon. Chief Guest was DG Rtn. Dr. Mahesh Trikha. Lead sponsor clubs was RCF NIT Faridabad, RC Rohtak Scholars and RCD Orchids and sponsoring clubs was RCD Janak, RCD Manthan and RC NCR Golfers. This event was very well organized under the leadership of our Rtn. Dr. Savita Chopra. It was attended by DG, PDGs, District Team, Presidents of RID 3011, Interactors and Rotaractors. President Rtn. Naveen Chowdhry, PP Rtn. Vivek Duggal, PP Rtn. Abhishek Aneja attended this event from our Club. It was very well managed event.



## Regular Club Meeting; 15th November 2024



Our regular club meeting was held at VIP Club, First Floor, M3M Golf Estate, Sector 65, Gurgaon on 15th November 2024. The meeting was followed by Cocktail and Dinner. Guest Speaker Mr. Mohit Verma, Life Balance Coach & Hypnotherapist. Speaker Mr. Mohit Verma gave an elaborate talk on "Stress & Emotional Wellness", which was appreciated by one and all. It was followed by the question answer session. He was presented a token of gratitude by PP Rtn. Govind Sharda.



## *New Members Orientation Meeting; 15th November 2024*



New Members Orientation Meeting was held at VIP Club, First Floor, M3M Golf Estate, Sector 65, Gurgaon on 15th November 2024. On request of President, PP Rtn. Deepak Jain and PP Rtn. Ruchi Rai started the 'New Members Orientation Meeting' session on "What's and Why of Rotary" in depth, which was appreciated by one and all. All new members shared their experiences and also they informed who inducted them to join Rotary Club of Gurgaon Cosmopolitan. It was very interactive session.

## *Meeting with RCGC sister club Saigon International Rotary Club, Vietnam*



Rtn Shakti Pal attended the RCGC sister club Saigon International Rotary Club, Vietnam on 2nd November in their book distribution drive at Phoenix Orphanage. It was a great pleasure to know and be with fellow Rotarians Rtn John, Rtn Bob and his wife, Rtn KimNho, Rtn Grace, Rtn Mai Tran, and would be Rotarian Phan Mai. Rtn Shakti and Ms Mai added other contributions and had we all enjoyed our time with kids. I realized that a gentle touch makes a big difference in kids happiness. Thanks Rtn John and Mai to invite me for this beautiful drive. Many thanks to Mark, founder and director of the Pheonix Orphanage and supporting over 180 kids under various programs of Pheonix Orphanage initiative.

*Rotary Public Image*  
*Mr. Mukesh Sharma, MLA, Gurgaon*



Our AG Rtn. Dr. Ratan Kumar attended Chitragupt puja function along with Mr. Mukesh Sharma, MLA, Gurgaon on 3rd November 2024 at Community Centre, Kendriya Vihar, Sec.56, Gurgaon.

*Meeting with DCP Gurgaon*



Our Secretary Rtn. Shalini Chowdhry meeting with the DCP & a team of SHOs of Gurugram on 12th November 2024 and discussed very important things with them for the community service. It was very fruitful meeting.



PP Rtn. Sarvesh Dutt meeting with Subramanian Swamy on 15th November 2024.



Our Rtn. Govind Sharda meeting with Hiteshi Buxi, India' s Pride in GOLF recently won Hero WFGT Tournament in Hyderabad at Zen Golf Club Gurgaon on 18th November 2024.



# From the Desk of the Secretary

## ROTARY MONTHS

Jul	Start of new Rotary officers year of service
Aug	Membership and New Club Development
Sep	Basic Education and Literacy
Oct	Economic and Community Development
Nov	Rotary Foundation
Dec	Disease Prevention and Treatment
Jan	Vocational Service
Feb	Peace and Conflict Prevention/ Resolution
Mar	Water and Sanitation
Apr	Maternal and Child Health
May	Youth Service
Jun	The Rotary Foundation's 110th Anniversary

## Birthdays

December	
1st	Rtn Deepak Jain
13th	Rtn. Govind Sharda
18th	Rtn. Dr. Ajay M. Kamath
21st	Rtn. Jeevit Vashishtha
22nd	Rtn. Nitin Rustogi
24th	Rtn. Shakti Pal

## Anniversaries

December	
4th	R'anne Ritu & Rtn Sarvesh Dutt
12th	R'anne Ila Prakash Singh & Rtn. Rajender Singh
12th	Rtn. Dr Asha Sharma & Rtn. Dr Anshuman Kaushal



Basic Education & Literacy



Maternal & Child Health



Peace & Conflict Prevention/Resolution



Disease Prevention & Treatment



Water, Sanitation & Hygiene



Community & Economic Development



Support the Environment

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